



MINISTRY OF HEALTH  
OF THE CZECH REPUBLIC



# National Action Plan for Alzheimer's Disease and Related Illnesses 2020 – 2030

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WORKSHOP ON THE IMPLEMENTATION OF THE GLOBAL ACTION PLAN ON  
THE PUBLIC HEALTH RESPONSE TO DEMENTIA IN THE WHO EUROPEAN AND  
EASTERN MEDITERRANEAN REGIONS

*Session 6: Supporting dementia carers*  
9-10 September 2019, Malta

## Carers support strategy (2019)



## Objectives and activities of the Plan

**Objective: education, support and strengthening the role of informal caregivers**

**Objective: enabling people with dementia in staying at home**

- *Activity: To increase the network density of the advisory centers*
- *Activity: Every person living with dementia receives an individual care plan where care sharing is stressed*
- *Activity: Informal caregivers, their education and support are recognized as a target group and as a service by law (108/2006 Coll.)*
- *Activity: To map educational needs and preferences of informal caregivers and to support forms of education that meet these needs*
- *Activity: To create a website dedicated to dementia*
- *Activity: To stimulate formation of self-help groups in communities*
- *Activity: Support of natural resources available to informal caregivers*



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Česká gerontologická  
a geriatrická společnost

Thank you for your attention and recommendations.



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