



Home care introduction in Swiss – Czech exchange

Prof. Dr. Sabine Hahn

Introduction Prof. Dr. Sabine Hahn

Professional experiences

- ▶ 14 years head of the Division of Nursing and head of applied research and development in nursing
- ▶ Including
 - ▶ 5 years honorary senior lecturer (UK)
 - ▶ Visiting Prof. University of Bournemouth (UK)
 - ▶ Visiting Prof. University of Central Lancashire
- ▶ 4 years researcher and project leader
- ▶ 4 years lecturer
- ▶ 15 years practical experiences as Nurse and Clinical Nurse Specialist
- ▶ For further Information see

ORCID ID	https://orcid.org/0000-0002-2697-2014
Web of Science Research ID	https://www.webofscience.com/wos/author/record/S-5681-2017
Homepage	Prof. Dr. Sabine Hahn (bfh.ch)
Wikipedia	Sabine Hahn (Pflegerwissenschaftlerin) - Wikipedia

Further activities

- ▶ President of the Swiss Society of Nursing Science
- ▶ Fellow of the European Association of Nursing Researchers
- ▶ Member of Sigma Theta Tau International Nursing Organization
- ▶ Co-Editor of on academic and one professional journal.
- ▶ Board member of two healthcare organization
- ▶ Member of the board of Swiss Patient Safety Foundation and the Swiss Foundation for Nursing Science

Introduction Division of Nursing



- ▶ 100 employees
- ▶ 550 Students (excluding those on leave and continuing education students)
- ▶ Two locations: Bern and Basel
- ▶ Three different bachelor's programs (FT, PT, Short)
- ▶ Four master's specializations (NP, CNS, PMHNP, RC)
- ▶ Five fields of innovative research
- ▶ Budget of CHF 12.5 million
- ▶ 2024
 - ▶ 96 Publications
 - ▶ 40 Research Projects

Switzerland

Switzerland is a small country with a population of 8.9 million people. It has 4 language regions and 26 cantons, which are largely independent and consist of numerous local authorities or communes. Multilingualism and federalism have their roots in the past, yet still shape Switzerland today. Its neutrality is recognised by all states of the world.

26 cantons



- ▶ 4 languages (G, F, I, R)
- ▶ Direct Democracy
- ▶ Area: around 41,285 km²
- ▶ About 27 % of residents are foreign nationals without a Swiss passport.
- ▶ 18.7% of people aged 65 and over
- ▶ Most common diseases: cardiovascular diseases (e.g., ischemic heart disease), depression and dementia.
- ▶ Roughly 4.4 doctors/1,000 inhabitants
- ▶ Nurses: approximately 7.9 /1,000 inhabitants. Total nursing staff: 16.1/1,000 inhabit.
- ▶ Nurses in Community Care: 1.2 per 1.000 inhabitants. Total nursing staff: 2.5/1,000 inhab.

See also: [Facts | CH Info](#) and [Nationales Monitoring Pflegepersonal | Obsan](#)

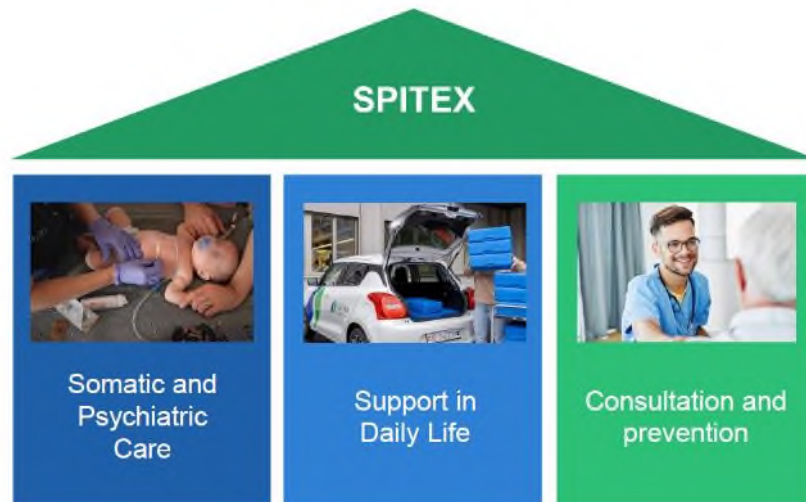
Home Care in Switzerland

Everywhere for everyone!



- ▶ 42,000 employees
- ▶ 350,000 clients

What we do?



Services

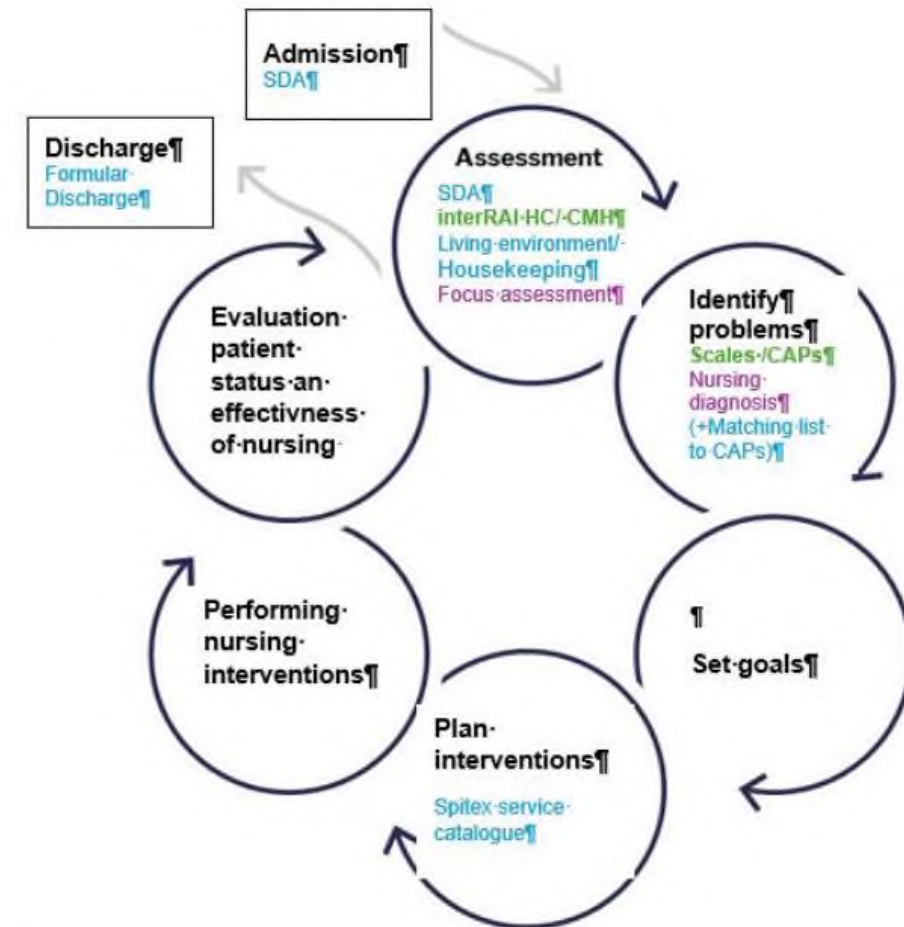
- ▶ Palliative care
- ▶ Oncology care
- ▶ Psychiatric care
- ▶ Paediatric care
- ▶ Wound care
- ▶ Nutrition and diabetes consultation
- ▶ Support services, household work
- ▶ Day, evening and night service

Home Care Switzerland

Target group

- ▶ Elderly people
- ▶ chronically ill people / children
- ▶ people / children after hospitalisation (e. g. after surgery)
- ▶ people / children after psychiatric stays
- ▶ palliative situations

Nursing process



Scope and content of care

- ▶ A doctor orders that the patient requires care services
- ▶ A nurse from the Spitex organisation determines the necessary care services on the basis of a needs assessment with the patient and/or their relatives
- ▶ The needs assessment is signed by the general practitioners
- ▶ The needs assessment is checked by the health insurance company and care treatments may have to be adjusted accordingly
- ▶ Spitex carries out the care services and will follow the care plan
- ▶ Care planning is continuously adapted to the patient's current needs within the specified scope of care

(Scope: BAG Care services)

Swiss – Czech exchange

Hot Topics

- ▶ Organisation, and organizing structures
- ▶ Skills and Competences
- ▶ Education
- ▶ Quality and quality indicators

Exchanges in Switzerland

- ▶ Tree Visits in Switzerland
 - ▶ Direct with home care organizations
 - ▶ With nursing quality certification organization
 - ▶ With education organization
 - ▶ With SPITEX Schweiz
- ▶ Regular direct online exchanges
- ▶ Conferences
- ▶ Projects



Berner Fachhochschule
Haute école spécialisée bernoise
Bern University of Applied Sciences

Thank you for your attention

Any Questions?

► Bern University of Applied Sciences, Department of Health Professions, Applied Research & Development in Nursing